The CDC reported on October 2020 there are zero transmission of COVID associated with a dental office.

While dental offices provide millions of dental procedure a year the disease rate has been historically near zero.

A recent study published on September 27, 2020 in the *Journal of Dental Research* analyzed the risk to dentists and dental assistants working during the pandemic in Italy and Wuhan China.

What the research found was the risk of the dental professional becoming infected with COVID-19 from a patient was estimated to be **ZERO** when they followed basic infection control protocols.

These research articles support other nationwide reporting and our experience that 'going to the dentist is safe.' Despite these measures, some patients continue to be hesitant to return to dental office and receive necessary dental care that includes infections, broken teeth or routine cleanings.

For years dentists and dental hygienists were presumed to be at the greatest risk of all professions of infection; however the 'zero risk' in the dental office may be related to Dentistry's longstanding emphasis on hand hygiene, sterilizing equipment, environmental disinfection, and routine PPE usage in dental practices prior to the pandemic.

For more than 25 years

We always washed and disinfect our hands, worn gloves, worn clean white clinic jackets and always worn eye protection and face shields. Here's a short list of additional things we do to keep you and your family safe.

Patient and Staff protection

- Mask and hand disinfection are mandatory upon entering the office.
- We health screen and take temperature of patients before every visit
- We health screen and take temperature of all essential escorts
- Escorts must be with the patient at all times or wait outside
- We health screen and take temperature of staff before each workday
- We provide an Antiviral pre and post treatment rinse.
- We sterilize all of our instruments after each use
- We disinfect each treatment room and chair after each patient

Surface Disinfection

We disinfect counter tops, door handles and furniture with hospital grade surface disinfectants throughout the day

We exceed the guidelines of The American Dental Association (ADA), Centers for Disease Control (CDC), Occupational Safety and Hazards Administration (OSHA-MOSHA) and Health and Human Services (HHS) and Montgomery County

Fogging (disinfecting the air)

We fog with the most advanced environmental disinfection system for airborne bacteria and viruses. Fogging with a FDA approved disinfection solution of Hydroclorous Acid at 200ppm is the same level of disinfectant used in hospitals, major airlines, and hotels.

We fog common areas (reception, hallways, bathroom, and conference room) every 30 minutes; all treatment rooms are fogged after each patient, and the business area throughout the day.

Fresh Air

Upgrading our HVAC to continuously add 70% outside fresh air, our air is so clean it's almost like being outside.

Clean Air

Newly installed UV-C bacteria/virus killing HEPA filters in every treatment room, reception area, and throughout the business area keep the air continuously filtered.

Please ask all the questions you need to so you can feel confident You visit here is safe. We are working hard to be

The Safest Healthcare Facility in Montgomery County.

See you soon!

The Doctors and Staff @ Hillandale Smiles 1734 Elton Road Suite 231, Silver Spring MD 20903

